

HEMANT KUMAR

Hemant Kumar is an Author, Communicator, Motivator, Mentor, Social Activist and Graphic Arts Professional, presently serving Ministry of Health & Family Welfare at National Institute of Health and Family Welfare, since 14.1.2000. Prior to this assignment, served more than 7 years as Assistant Manager in Directorate of Advertising and Visual Publicity, Ministry of Information and Broadcasting. Earlier assignments were two years in Sainik Samachar, Ministry of Defence as Production Officer and more than 10 years in Publications Division, Ministry of Information and Broadcasting, Govt. of India.

Mr. Kumar has mission to empower the children by training them to face challenges and excel in life. He has a strong belief that parents and school need to work together to prepare the children for future and that parents are children's first and most influencing guides. Going by the various research studies he has concluded that parents' participation in learning process is a major factor responsible for students' high achievement and self-esteem.

Mr. Hemant Kumar has a number of articles/coverage to his credit in newspapers, all over India, e.g. The Hindustan Times, Hindu, Indian Express, The Times of India, The Asian Age, Rashtriya Sahara, Dainik Jagaran, Amar Ujala, Aaj Samaj, The Telegraph, Deccan Herald, Today, etc. He has been covered extensively by the media, all over India. Dainik Jagaran has declared him as 'City Ki Shaan'.

Track Record:

He was first runner up in Maruti Suzuki Autocross at NOIDA

He has conducted the training programme- Gateway to Success at Various schools at Delhi, e.g., Sanskriti School, Kendriya Vidyalaya at Delhi & Faridabad, DAV Public School- Vasant Kunj, Tagore International School- Vasant Vihar, Holy Child Auxilium School- Vasant Vihar, Apeejay Institute of Design, Angel Public School- Uttam Nagar, Gandhi Smarak Nidhi Primary School- Pattikalyana (Karnal), Government Schools at Delhi & Faridabad, Guru Harkishan Public School- Vasant Vihar, Rotary Club, DAV Public School- Durgapur (West Bengal), Schools at Gwalior and Pilibhit, etc.

India Habitat Centre

India International Centre

National Rail Museum

Refresher courses of Delhi Police
Police Training College, Jharonda Kalan, Delhi
Senior NCC girl cadets at Bharatpur, Rajasthan
NIHFW, Ministry of Health & Family Welfare, Govt. of India
CASP Plan Project Delhi
Poorva Sanskriti Kendra, Preet Vihar
Anuraag, NGO
M/s Bajaj Capital
Ekal Vidyalaya, NGO
Family Planning Association of India
LNJP Hospital
Nehru Homoeopathic Hospital
Delhi Haat
Vasant Vihar Club
Flying Club, Safdarjung Airport
Appu Ghar
South Delhi Welfare Association

He is a visiting faculty, examiner and examination paper setter for Guru Govind Singh Indraprastha University.

Mr. Hemant Kumar has authored a book- Gateway to Success and an audio CD on scientific relaxation exercise .The 'Gateway to Success' is a boon for the students. Several thousand students, parents, teachers & corporate have been trained till date and the feedback is very positive. The purpose of this programme is to enable the students to improve their performance in all fields, through simple and subtle techniques.

Contents of '**Gateway to Success**':

1. Techniques of Better Memory, Memory Language and Art of Remembering Names & Faces
2. Study Techniques, Reading Technique and Better Spellings
3. Time Wasters, Time Inventory, Goal Setting Exercise and Time Management
4. Getting Rid of Phobia, Achieving Goals through Relaxation and the 80/20

Rule

5. How to Win People, Behavior- Key to Success and Golden Principles of Human Relations
6. Assertiveness Training

There are 6 topics in all and each topic requires minimum of 4 hours. The proposal is flexible and can be customized as per the convenience and requirement of participants.

It is assured that participants are bound to produce better results in all the fields after attending and practicing the simple & subtle techniques explained in a friendly atmosphere, during the workshop.